



Sample Daily Schedule

Our days are filled with learning, play, exploration and fun!

This is a general schedule for all classes. Times may vary, and activities are age appropriate based on each child's developmental stage.

7:00 – 9:00	Arrival, Free Play & Breakfast Children arrive, settle in and enjoy free play. Breakfast is served (please send in breakfast from home if preferred).
9:00	Morning Activity Fine motor activities, art, sensory play or hands-on learning.
9:30	Circle Time Songs, stories, calendar, and group discussions.
10:00	Learning Centers Age-appropriate lessons, small groups or 1:1 with teacher. Centers include dramatic play, blocks, library, sensory, table activities and more!
10:30	Music and Movement Dancing, singing and engaging movement activities.
11:00	Outdoor Play / Gross Motor Activity Time on our playground to run, climb, explore and build gross motor skills.
11:30	Lunch Children enjoy lunch (from home) in their classrooms.
12:00 – 2:00	Rest Time A center-wide rest period. Children do not have to sleep, rather we encourage them to rest their bodies.
2:00	Outdoor Play Another opportunity to enjoy fresh air and active play.
2:30	Afternoon Snack Children enjoy a healthy snack (from home).
3:15	Read Aloud / Learning Centers Stories, followed by centers such as dramatic play, blocks, library, sensory and table activities.
4:00	Music and Movement / Sensory Play A fun way to end the day with movement, creativity and exploration.
4:30 – 5:00	Free Play & Dismissal Children enjoy free play as families arrive.